PCS ACTIVITIES

NOVEMBER 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 10:30 am Chair Yoga 1 pm Caregiver Cafe	3 10 am Sit & Sew	4 9 am & 10am Cards 10:15am Chair Cardio Yoga 11 am Bingo Parkside 1:00 pm Women's Bible Study	5 9 am First, Breakfast 9–11am Cars & Coffee Partnering with Plaza Tire 1 pm Cox Health	6 10:30 am Chair Yoga 3–5pm Family and Friends CPR and Ph Training	7
8	9 10:30 am Chair Yoga	10 10am Sit & Sew 10am Coloring Connections with Anita 12:30 pm Meet the Author Debra Walden Davis	11 **VETERANS DAY RNS/PCS CLOSED HELPING HANDS THRIFT STORE OPEN!**	12 Cars & Coffee 9–11am Partnering with Americare–Parkside	13 10:30 am Chair Yoga 12pm AT&T 11 am LIVE MUSIC Monty Luke	14
15	16 10:30 am Chair Yoga 1 pm Caregiver Cafe	17 10 am Sit & Sew	18 9 am & 10am 10:15am Chair Cardio Yoga 11am Bingo Lord's Alternative Hospice 11am Oak Pointe Expo 1:00 pm Women's Bible Study	19 9-11am Cars & Coffee Partnering with Thriveent 11:30am Movie and Popcorn A Charlie Brown Thanksgiving	20 10:30 am Chair Yoga	21
22	23 10:30 am Chair Yoga	24 10 am Sit & Sew 10 am Painting 10 am Coin Appraisal 101	25 9 am & 10am 10:15am Chair Cardio Yoga 11am Bingo Healing Hearts Naomi Expo (Presby Manor) 11am Gabi (Medicaid) Expo 11am 1:00 pm Women's Bible Study	26 **Happy Thanksgiving** RNS/PCS/Helping Hands Thrift Store CLOSED	27 **RNS/PCS CLOSED** HELPING HANDS THRIFT STORE OPEN!	28
29	30 10:30 am Chair Yoga					