Rolla Nutrition Site

12200 Dillon Outer Road • (573) 341-2929

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2-Nov **Cheesy Chicken Rice Casserole** Broccoli Glazed Carrots Fruit / Milk	3-Nov **Bacon Cheeseburger** Bun Baked Beans Coleslaw Fruit /Milk	4-Nov **Pork Tenderloin Fritter** Mashed Potatoes Gravy Rsted Brussel Sprouts Fruit / Milk	5-Nov **Meatloaf** Mashed Potatoes Gravy Green Beans Roll Fruit/ Milk	6-Nov **Ham Salad Sandwich** Vegetable Soup Cucumber Salad Fruit/ Milk
9-Nov **Baked Ham** Roll Au Gratin Potatoes Peas & Carrots Fruit/ Milk	10-Nov **Chicken Parmeasn Pasta** Garlic Breadsticks Tossed Salad Italian Vegetables Fruit/ Milk	11-Nov **Closed** 	12-Nov ***Birthday Celebration*** **Turkey/ Cheese Mini Sub Sandwich** Broccoli & Cheese Soup Carrots	13-Nov **Sloppy Joe on Bun** Coleslaw Tater Tots Fruit/ Milk
16-Nov **Grilled Chicken Breast Filet** Mushrooms & Onions Wild Rice California Veg Fruit/ Milk	17-Nov ***Thanksgiving Lunch*** **Turkey Roast** Mashed Potatoes Gravy/ Stuffing Green Bean Casserole Roll Cranberry Sauce Milk	18-Nov **Beef Taco Salad** Tortilla Chips Lettuce/ Tomatoes Cheese Refried Beans Spanish Rice Fruit/ Milk	19-Nov **Chicken Fried Chicken** Mashed Potatoes Gravy Contry Blend Veg. Biscuit Fruit/ Milk	20-Nov **Brats on Bun** Potato Salad Baked Beans Fruit/ Milk
23-Nov **Beef Chili con Carne** Crackers Tater Tots Cole Slaw Fruit/ Milk	24-Nov **Spaghetti w/ Beef Sauce** Garlic Bread Ceasar Salad Italian Veg Fruit/ Milk	25-Nov **Potato Soup** Grilled Cheese Cucumber Salad Fruit/ Milk	26-Nov **Closed** 	27-Nov **Closed**
30-Nov **Pulled Pork on Bun** Baked Potato Cheese/ Sour Cream Baked Beans Fruit/ Milk				

Dietary substitutions can possibly be made. Please call by 10 am to inquire.

Meal Prices $3/ **$5**/ $7

Lunch is served weekday 11:00 - 12:30

Menu is subject to change.